ACCESS SOCIAL CARE SUPPORT WHERE YOU LIVE

The face to face hubs will support people to access the service, ensuring they are no longer limited to the telephone or online referral option. No appointment is necessary, and a Social Care Advisor will be available to discuss what is important to those individuals who wish to speak with somebody surrounding their care and support needs.

The information and advice hubs will take place each Wednesday at:

Orchard Centre 10.30am - 4.30pm Bransholme Health Centre 10.30am - 4.30pm

You can also come and speak with the See and Solve Team at the following community locations, that take place during the month and include:

1ST DAY'S OF THE MONTH		Visit us at
1st Monday of the month	11.30am - 1pm	Vineyard Church, Vulcan Street, Hull HU6 7PS What's on: The Table (free community meal).
1st Tuesday of the month	12noon - 2pm	The Well, River City Church, Mount Retails Park, Hull HU9 2BN What's on: food bank (voucher only), free clothes bank, free hot drinks.
1st Wednesday of the month	11am - 1pm	HU4 Community Hub, 18 Sibelius Road, Hull HU4 7NH What's on: activity session and hot food and drinks.
1st Thursday of the month	10am - 12noon	Hull Open Doors, 91 Princes Avenue, Hull HU5 3QP What's on: befriending and advocacy, volunteer interpretation and translation service, free food parcels, free drinks.

2ND DAY'S OF T	HE MONTH	
2nd Monday of the month	12noon - 2pm	Alf Marshall Community Centre, 87 Goodhart Road, Hull HU7 4EE What's on: yap and yarn, with tea and coffee available.
2nd Tuesday of the month	10am - 12noon	Unity in Community, 501 Endike Lane, Hull HU6 8AQ What's on: coffee morning, energy bills workshop, access to learn.
2nd Wednesday of the month	10am - 12noon	Oasis Hub Hull, 310 Newland Avenue, Hull HU5 2NB What's on: open house, hot drinks, toast and games.
2nd Friday of the month	10am - 12noon	St Phillips Church, Amethyst Road, Hull HU9 4JG What's on: free food community.

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3RD DAY'S OF THE MONTH		Visit us at
3rd Tuesday of the month	12noon - 2pm	The Max Life Youth Project, Kingston Wesley Church, 882 Holderness Road, Hull HU9 3LP What's on: free adult lunch club, hot meal (Food served between 12:00 and 13:30) places are limited to 50, first come first served basis. Food parcels available on request.
3rd Thursday of the month	10am - 12noon	Spring Bank Community Centre, West Parade, Spring Bank, Hull HU3 1BX What's on: tea and coffee available and IT support.
3rd Friday of the month	12noon - 2pm	St Michael's Youth Project, Orchard Park Road, Hull HU6 9BX What's on: warm welcome and free adult lunch club.

4TH DAY'S OF THE MONTH		
4th Monday of the month	10am- 12noon	HANA, 44 Portland Street, Hull HU2 8JX What's on: drop-in session for anyone who requires assistance with benefits, letters, or food. Speakers of many languages in the building.
4th Tuesday of the month	10am - 11.30am	Lonsdale Community Community Centre, 8 Lonsdale Street, Hull HU3 6PA What's on: free food bank, community café, recreational activities, training courses, crafts, knit and natter.
4th Tuesday of the month	12.30pm - 2pm	St Stephens Neighbourhood Centre, 96 Annandale Road, Hull HU9 4LA What's on: activity group
4th Wednesday of the month	12noon - 2pm	Connect Community Church, Askew Avenue Methodist Church, Askew Avenue, Hull HU4 6NP What's on: warm space and drop-in, food parcels (small charge), crafts, free drinks and snacks

FOR MORE INFORMATION

WWW.LIVEWELLHULL.ORG.UK





