



COME AND TALK ABOUT YOUR CARE AND SUPPORT NEEDS ...

At the **Adult Social Care Information and Advice Hub** you can speak to members of the Community See and Solve Team who are the first point of contact for people living in Hull.

They use solution focussed conversations to support people to access the most appropriate information, advice or services which will help people to maintain their independence.

They have number of staff working in this team including -

- **Social Workers**
- **Social Care Advisors**
- **Occupational Therapists**
- **Occupational Therapy Assistants**

**The Hub,
Bransholme Health Centre**
Wednesday's 10.30am to 4.30pm

**The Hub,
Orchard Centre**
Wednesday's 10.30am to 4.30pm

WWW.LIVWELLHULL.ORG.UK